

# Soli Deo Gloria

“So whether you eat or drink or whatever you do, do it all for the glory of God.”

-- 1 Corinthians 10:31

On Sunday morning we began our journey into 2014 as “The Year of Living Intentionally” by reflecting on a truth that is as central to a faithful – intentional – Christian life as oxygen is to breathing. Just like we cannot have life in our lungs unless we breathe oxygen, so to we cannot live an authentic, intentional, Christian life unless we do so for the sake of God’s glory and His glory alone.

The life that brings glory to God begins with a humble acknowledgment that God is the central reality in all things, that he is the beginning and the end of anything that really matters – God is the single most, no, the *only* One worthy of being glorified. That life then deepens and gains meaning when it is lived with the singular purpose of giving glory to God in all things. Whether we are at work, at play, at home, at school, at church (even) or busy with anything at all, our intention should be to glorify God in it and through it. This is the very reason why we were created! And finally, we should realize that we bring glory to God not only in the so-called ‘big’ things, but perhaps more especially in the smaller everyday eating and drinking things. Bringing glory to God in the major achievements of life is good and important, but unless we are faithful in glorifying Him in the everyday aspects of our living then we are not being intentional about our Christian life.

As you continue to reflect on some of these thoughts here are some questions that might help crystallize and shape your thinking:

1. Name a few reasons why you believe God is worthy to be glorified.
2. In what ways have you used your abilities or achievements to bring glory to God?
3. Think of one ordinary, everyday, type thing that you can do today or tomorrow to bring glory to God... are you willing to commit to doing it?

## Prayer:

God of all glory and honour, you are worthy to receive our highest praise and worthy to receive this through the lives we live. We can confess that we have not always given you the glory in the things we have done, and ask that you would forgive us for this. Give us the grace and strength we need to bring glory to you in all that we do. In the name of Christ we pray, amen.

## Food for Thought:

“If you don't feel strong desires for the manifestation of the glory of God, it is not because you have drunk deeply and are satisfied. It is because you have nibbled so long at the table of the world. Your soul is stuffed with small things, and there is no room for the great.”

— John Piper, *A Hunger For God*

